



MAHATMA GANDHI INSTITUTE OF MEDICAL SCIENCES, SEVAGRAM

Training of ICDS Supervisors as Trainers in 'Responsive Caregiving and Early Childhood Development'

REPORT

Date : 21-22 Jan 2021

Organizing Secretary/ coordinator: Dr. Abhishek Raut

Number of delegates : 44

Key topics:

1. To sensitize the ICDS Supervisors about Early Childhood Development (ECD).
2. To help the Anganwadi Workers (AWWs) understand the importance and need of ECD promotion.
3. To empower ICDS supervisors to help them build capacity of AWWs in ECD promotion through their routine home visits.

Key resource persons:

- Ummeed Child Development Center, Mumbai - Resource persons: Dr. Ashwini Vaishampayan, Dr. Namrata Edwards, Dr. Malvika, Dr. Aditi Bramhabhatt
- MGIMS Resource persons: Dr. Sonu Meher, Ms. Chanda Shende, Ms. Jyotsana Telange, Ms. Gajanan Kurhadkar

Funding agencies: Porticus

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This training was conducted in an online- offline pattern where the trainers gave the training from Mumbai in an online manner but the training was conducted at Department of Community Medicine, MGIMS and facilitated by the IECD project staff. 40 ICDS supervisors of the entire Wardha district attended the 2 days training. They were sensitized about the importance of ECD and the need to start as early as possible. The brain wiring game was played with all the participants which in our experience gives a powerful message about the protective and risk factors for brain development. Most importantly what factors are

supportive to child development in the early 0 -3 years of a child's life and how to practice the same was discussed with the help of play activities and games.

Next session mainly focused on Responsiveness in child development and its positive impact. responsive caregiving as well as responsive feeding were discussed. Responsiveness was discussed as a part of the nurturing care framework and further the other components of the nurturing care framework were also discussed which help in holistic development of children.

Day 2 started with the Jamaican study of Early Childhood Development which further helped the participants understand the science behind the importance of early intervention and the effect of different kinds of intervention.

Further Dr. Abhishek Raut, Dr. Subodh S Gupta and Dr. Pranali gave a short introduction to the Inclusive ECD project and its goals. They spoke about monitoring of Child development which is equally important as growth monitoring and discussed a tool for monitoring child development in the 0 - 42 months age group - International Guide for Monitoring Child Development (iGMCD). This tool would be used in the Inclusive ECD project by the AWWs for monitoring development of children. The session concluded with valuable feedback from the participants.

